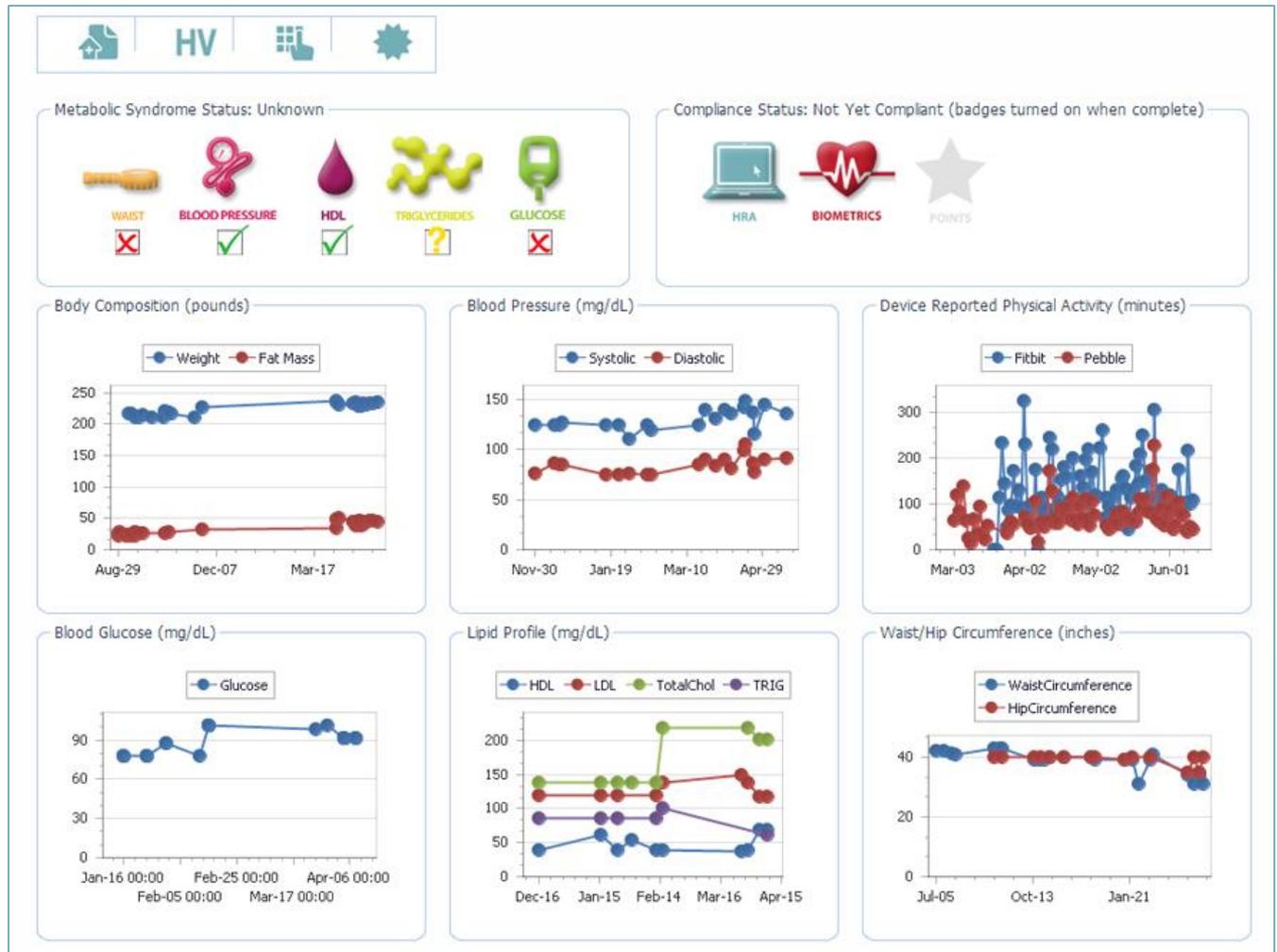


When **Interests** are Aligned **Success** Can Happen



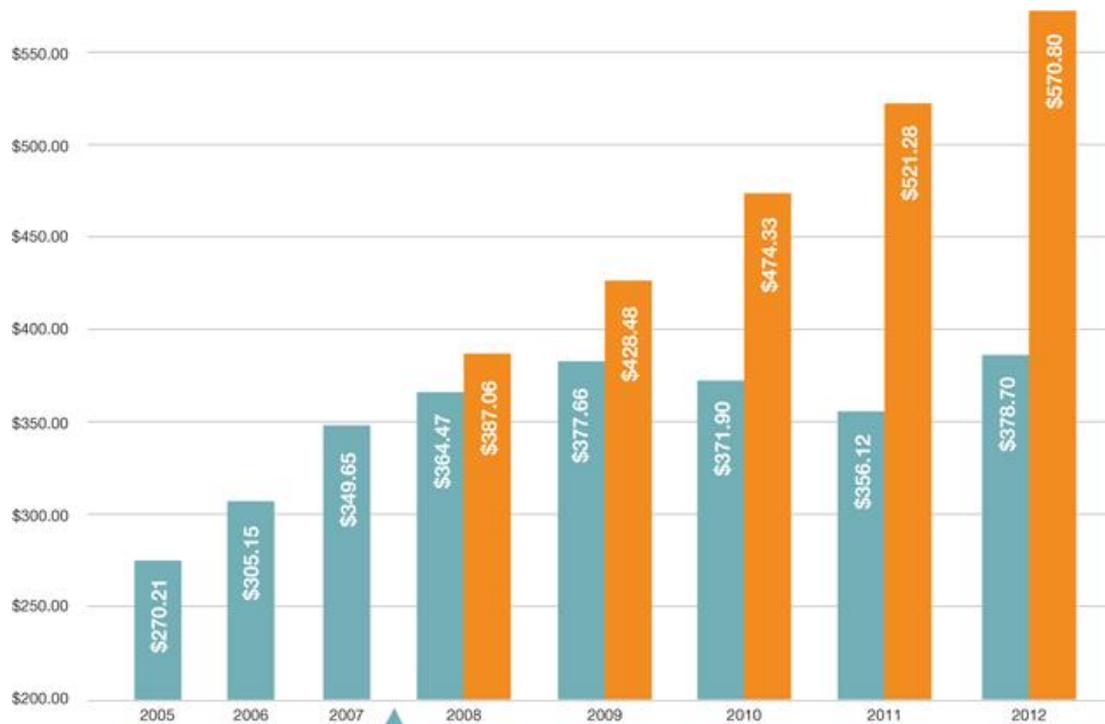
Jonathan Anders
CEO, Allegeant





Activities Events **Medical Encounters** Online Activities Onsite Activities Programs

Engagement Activities							
Report Complete (checkbox will appear when item is available)	Category	Definition	Requirements	Examples	Point Value	Max Per Compliance Period	Max Per Compliance Cycle
<input type="checkbox"/>	Evaluation	Annual Physical Exam			20	1	1
<input type="checkbox"/>	Preventative	Colonoscopy			20	1	1
<input type="checkbox"/>	Preventative	Mammogram			20	1	1
<input type="checkbox"/>	Preventative	Annual OB/GYN Exam			20	1	1
<input type="checkbox"/>	Preventative	Annual Eye Exam			20	1	1
<input type="checkbox"/>	Preventative	Skin Cancer Exam			20	1	1
<input type="checkbox"/>	Preventative	Prostate Exam			20	1	1
<input type="checkbox"/>	Preventative	Flu Shot or Mist			15	1	1



"If you were to tell me 4 years ago that we would be saving 6 million dollars in 2011, I would not have believed you... Now I am a believer."

-C. W., Vice President-Finance
Health System

- TOTAL ACTUAL PPM:
Allegiant Integrated Risk Management Strategy 2007-12
- TOTAL PPM ASSUMING NATIONAL TREND:
Traditional Benefit Consulting (Shopping)



ALLEGEANT ENGAGEMENT MODEL

This remarkable success story starts with a company that was willing to adopt a strategy to improve the health of their employees and truly **change their culture**.

This strategy includes:

- Buy-in and Support from Leadership
- One-on-One Participant Support
- Engagement of 80% or More Consistently
- Incentives
- Data Analysis (Claims, HRA and Biometrics)
- On Site Coaches
- Connected Health Platform

BIOMETRICS

4 YEARS

Total Cholesterol (too high)	39% IMPROVEMENT
HDL (good)	21% IMPROVEMENT
Healthy Weight and BMI	10% IMPROVEMENT
Obese	3% IMPROVEMENT
Blood Pressure (good)	13% IMPROVEMENT
Blood Pressure (too high)	36% IMPROVEMENT

LIFESTYLE

Activity/Exercise (high risk)	77% IMPROVEMENT
Stress (high risk)	66% IMPROVEMENT

METABOLIC PROGRAM (108 PARTICIPANTS)

Medical/Rx Cost PMPM	4.7% IMPROVEMENT
Emergency Room Visits	15.6% IMPROVEMENT
Inpatient Hospital Admissions	35.3% IMPROVEMENT